Introduction

The economics of degrowth

Giorgos Kallis a, Christian Kerschner b,*, Joan Martinez-Alier c

aICREA and Institut de Ciència i Tecnologia Ambientals (ICTA), Universitat Autònoma de Barcelona, Barcelona, Spain
bInstitut de Ciència i Tecnologia Ambientals, Universitat Autònoma de Barcelona, 08193 Bellaterra, Spain
cInstitut de Ciència i Tecnologia Ambientals (ICTA), Universitat Autònoma de Barcelona, Barcelona, Spain

A R T I C L E   I N F O
Article history:
Received 17 August 2012
Accepted 19 August 2012
Available online xxxx

Keywords:
Degrowth
Money
Debt
Happiness
Employment
Property
Ecological macroeconomics

A B S T R A C T
Economic degrowth is ecologically desirable, and possibly inevitable; but under what conditions can it become socially sustainable? How can we have full employment and economic stability without growth? What will happen to public spending and to public debt? How would production be organised in a degrowing economy? And under what plausible socio-political conditions could such grand changes happen? Standard economic theories and models ignore these questions. For them economic growth is an axiomatic necessity. This article reviews recent contributions in the economics of degrowth and identifies research avenues for ecological economists.

© 2012 Elsevier B.V. All rights reserved.

1. Introduction

Like it or not, the West may have entered a period of prolonged recession. Whether this is a temporary or a new permanent state is hard to know. Ecological limits, exhaustion of investment outlets in mature economies, the burden of debt and geo-economic shifts point to a structural crisis (Kallis et al., 2009; Wallerstein, 2010). For the environment this is not bad news (Martinez-Alier, 2009): less growth means less material consumption, less CO2 emissions and less habitat destruction; a last chance to stay within the safe limits of global ecosystems (Rockström et al., 2009). But socially this can be a catastrophe. Growth economies do not know how to degrow. They collapse.

Growth above a level that satisfies basic needs does not improve psychological wellbeing (Easterlin et al., 2010). It also has more costs than benefits, especially environmental (Daly, 1986). Lack of growth on the other hand leads to a spiral of debt, unemployment and deterioration of social welfare. The core question for 21st century economics is no longer how nations get rich, but how they “manage without growth” (Victor, 2008), i.e. how can degrowth become stable and prosperous (Jackson, 2009). Mainstream and most heterodox economics ignore this question, since for them growth is an axiomatic necessity (Georgescu-Roegen, 1977). The recent crisis is seen as a regular, periodic crisis of capitalism and the recipes debated—“austerity” versus “Keynesian expansion”—are the same as in the 1930s. Austerity policies are failing badly in Southern Europe. They are counterproductive. But pouring public money to fuel consumption may not work for mature economies with limited ecological space for growth. Moreover what happened to Japan since the 1990s i.e. its growing public debt and its failed nuclear investments, should have been another reason for thinking long ago about “managing without growth”. Fresh economic thinking is needed.

Ecological economics is well positioned to lead the discussion over a prosperous degrowth. Seminal contributions concerning limits to growth and alternative pathways to well-being have come from ecological economists (Daly, 1973, 1996; Georgescu-Roegen, 1971; Norgaard, 1994; Odum and Odum, 2001; Victor, 2008). The crisis has revived the growth debate and ecological macroeconomics (Daly, 2010; Jackson, 2009; Kallis, 2011; Kallis et al., 2009; Kerschner, 2010; Martinez-Alier, 2009; van den Bergh, 2011; van den Bergh and Kallis, forthcoming; Victor, 2010). This Special Issue collects some of the best ecological-economic contributions from the 2nd International Conference on Economic Degrowth (Barcelona, May 26–29 2010). Contributions fall under three inter-related literatures: Steady-State Economics (SSE) (Daly, 1996); the new economics (NE) of prosperity (Jackson, 2009, NEF, 2009; Schor, 2011); and Degrowth (DG) (Latouche, 2009; Martinez-Alier et al., 2010). We group the contributions into those assessing policy instruments for the
transition (Section 3); and those discussing its socio-political dynamics (Section 4). We conclude in Section 5 with the main research areas for an economics of degrowth.

2. The Case for Degrowth

2.1. The Causes of the Crisis

Why and how did Western economies implode after 2008? Those writing from an SSE, NE or DG perspective converge on three main points. First, that this is not just an economic (or financial) crisis. It is a multi-dimensional crisis of democracy, social mores and the environment (Speth, this issue).

Second, that the root cause behind these different crises is a fixation with economic growth (Speth, this issue). The deregulation of the financial industry and the supply of easy money that led to the private and public borrowing crises were not ‘mistakes’, but deliberate policy choices intended to maintain growth (Jackson, 2009). In the name of economic efficiency, States gave away important national decisions (e.g. money supply) to markets and independent bodies (e.g. Central Banks), removing them from the realm of democratic choice. A culture of greed proliferated both in the private and public sectors as the unrestrained pursuit of short-term self-interest was legitimised because of its supposed economic benefits. Growth requires also the continuous enumeration and valorisation of unmonetised ‘goods’ and services—environmental, caring, relational—and their integration into the market. This crowded out alternative value systems that regulated these ‘goods’ and degraded their essence by subjecting them to the pro...

2.2. Is Prosperous Degrowth Feasible?

Economic degrowth can be unstable. It can lead to unemployment, therefore to a lack of effective demand, resulting in even more unemployment, more state expenditures for unemployment benefits and a fiscal crisis of the state (Jackson, 2009). However, nobody in the DG literature is preacher degrowth forever. As Korschner (2010) has shown the debate between DG and proponents of a SSE (going back to Georgescu-Roegen’s excessive strictures against Herman Daly) is false: degrowth is the path of transition to a lower steady-state. But should the steady-state be lower than today or can we do with zero growth at current levels? Jackson (2009) calls for prosperity ‘without’ growth, but his own “arithmetic of growth” shows that save for a technological miracle, degrowth is unavoidable. With current rates of growth, reaching the 450 ppm climate stabilisation target by 2050 would require carbon efficiency improvements (C/$) that are 10 times faster each year than is currently the case. ‘Growth as usual’ is unrealistic, Jackson (2009) argues, since this would require an unprecedented pace of technological progress. Yet, ‘without growth’ the required level of efficiency improvements would still need to be 8 times faster than now. This is also incredibly high. It follows that a combination of degrowth and efficiency improvements is therefore necessary.

Objections abound. One is that degrowth and efficiency are not independent. Degrowth can slow down the carbon efficiency of the economy by reducing investment in renewables. Degrowth may also create unemployment, reduce state expenditures and reduce social welfare (van den Bergh, 2011). D’Alessandro et al. (2010) have addressed the first concern with a neo-classical dynamic model. They found that the sustainability window of the economy becomes wider by low GDP...
growth rates, if enough investment is redistributed to alternative energy sources, and if consumption growth is curbed (D’Alessandro et al., 2010). In this Special Issue, the same research group addresses the welfare question with an endogenous growth model with externalities in consumption, leisure and production (Bilancini and D’Alessandro, this issue). Consumption externalities are negative through positional competition and leisure externalities are positive through formation of social capital. Under a set of reasonable parameter values transition to a balanced path is associated with production downscaling, reduction in private consumption and ongoing increase in leisure and wellbeing. The reason is that as the share of leisure time increases, so does the accumulation of the stock of social ties and the flow of relational goods. Together with increased leisure these more than compensate for the loss in wellbeing from reduced consumption. Taking into account resource limits and climate sustainability would make the possibility of dissociating output growth and wellbeing even more pronounced. Degrowth therefore needs not harm welfare.

Complementing Bilancini and D’Alessandro, Victor (this issue) puts numbers to possible degrowth scenarios and assesses the effects on state expenditures and employment. The basis is a dynamic macro-economic model that simulates future growth and CO2 emission scenarios for Canada. The model shows that “selective growth”, i.e. a structural shift of the economy to lower-intensity commodities, will not work. The production of such commodities entails intermediate expenditures on high intensity commodities. Victor examines also a degrowth trajectory. The assumption is that the average Canadian enjoys in 2035 the same GDP that she did in 1976, much lower compared to current trends but 5 times higher than that required if world incomes were to be equalised at a level in which global CO2 emissions would remain within planetary thresholds. Whereas in a zero-growth scenario Canada’s CO2 emissions are in 2035 22% less than in 2005, in the degrowth scenario they are 78% less. Yet in the degrowth scenario government expenditure in 2035 is 25% of its would-be level under a business as usual scenario. And under the zero-growth scenario the average work year would have to decrease 15% by 2035, if full employment were to be maintained, while in the degrowth scenario it would have to be reduced by 75%. Our reading of this evidence: combating climate change equitably will include an unprecedented degrowth, with a dramatic restructurings of the State and a reconfiguration of work.

What could such an economy look like? NE writers propose a reduction of (paid) work hours and a development of high social value/low productivity economic activities (Jackson, 2009; Schor, 2011). Jackson (2009) calls the latter a “Cinderella” economy: socially valuable sectors that go unnoticed and appear unproductive by standard GDP metrics. It includes activities of low productivity (e.g. caring) and ecological investments of low profitability, but high labour intensity and high levels of work satisfaction and social value added. Payment is low but the quality of work can be high.2

E does not use the word “degrowth” in the description of its vision for the economy, but instead “zero”, “without” or “beyond” growth, Perhaps this is because of a fear that “degrowth” will scare the public and the politicians. But sometimes one gets the impression that some new economists really believe that a transition to a Cinderella, low carbon economy will not involve the material sacrifice implied by degrowth. Juliet Schor (2011), for example, maintains that “the route to lower impact does not require putting on a hair shirt. Nor does it entail making consumption less important... Living sustainably ... doesn’t mean we can’t have fabulous clothes, low-impact electronic gadgetry, great local food, and a more leisurely mode of travel”.3 The vision here is that the dramatic reduction in resource consumption necessary to avoid climate—and other dangerous environmental—change can be achieved while (or, by) expanding to the whole of the world the comfortable life-style enjoyed today by a small, ecologically-minded Western elite. Perhaps this is a more saleable vision than degrowth to Western middle/high-classes and (a few) elite politicians. But can anyone be convinced that this is feasible? Victor (this issue) states the obvious: the production of low-intensity commodities—Schor’s fabulous clothes, smart gadgets and alternative travels—consume high intensity intermediates (for an energetic explanation of the heaviness of supposedly light market services see Odum and Odum, 2001). The IPAT arithmetic of Jackson (2009) and the model of Victor (this issue) also show that an unprecedented level of degrowth is necessary if we are serious about averting climate change. Will it be possible to have 75% less employment (Victor’s calculations for Canada) and still wear fabulous clothes?

DG advocates have a different vision of prosperity, one based on dramatically less material abundance and consumption. They are less afraid of hair shirts, so to speak. Their vision is informed by models of voluntary simplicity (Alexander, 2011), such as co-housing projects (Liaeta, 2010) or ecological communes (Cattaneo and Gavaldà, 2010). The proposition is that since the people who live there consume minimally and are happy with their lives, the rest of the world could do the same too. There are two problems with this view: one of false extrapolation and one of political naïveté. Simple living in peripheral communities today relies on the surplus—and the products and infrastructures—provided by the rest of the industrial economy. As Andre Gorz (1994) put it, the whole industrial system is embedded in the radio (see computer today) of a commune. Scaling up existing voluntary simplicity experiences to the societal level may entail much more hardship than what members of individual projects experience today. Some voluntary downshifters do not mind such hardship. But these are typically people who had a choice between simplicity and meaningless affluence. It does not follow that others, such as those who never had the choice, or those that enjoy their power, will not mind either.

2.3. Psychological Well-being and Degrowth

From the literature on happiness economics we know that: i) in the long-run happiness does not increase with national income, ii) in international comparisons, and for countries that have satisfied basic needs, the level of happiness does not vary much with national income (Easterlin et al., 2010). Why? First, because happiness is adaptive and positional; as everyone gets richer, no one gets happier (Hirsch, 1976). Second, because after satisfying basic needs happiness is derived from qualities of life that do not necessarily correlate with wealth. The policy implications are stark: a more equal distribution of income and investment in public services that make a difference in the quality of life, can have greater welfare effects than generalised growth. In the short-term however, a crisis and a sudden loss of income do reduce happiness levels (Easterlin et al., 2010). Much depends on how high material aspirations initially are, how quickly aspirations adapt to new circumstances and how (perceived) equality in the loss makes it easier to accept (Matthey, 2010).

If money does not buy happiness, then why do people still try to get richer? At the individual level income does correlate with happiness: richer people report higher levels of happiness. This can be due to positional consumption or because welfare goods in market societies cost a lot. Is this always and everywhere so? Masferrer-Dodas et al. (in press) look at an unusual cross-section of people: a Tsimane tribe in the Bolivian Amazon. They are a small-scale foraging-horticultural community only partly introduced to outside money and goods. Data collected among 600 adults shows no statistical correlation between market consumption and wellbeing. This suggests that a relationship between money and happiness may be a particular feature of the market societies studied by previous surveys. That is, there is no universal causal

---

2 Those who have read Morris and Wilmer (1994 [1890]) perhaps would like to call this sector of pleasant and non-stressful occupations the “News from Nowhere sector”. Norgård (in press) calls it the “amateur sector”.
3 Hair shirts are a recurring object in the imaginary of New Economics. Tim Jackson (2009) calls the latter a “Cinderella” economy: socially valuable sectors that go unnoticed and appear unproductive by standard GDP metrics. It includes activities of low productivity (e.g. caring) and ecological investments of low profitability, but high labour intensity and high levels of work satisfaction and social value added. Payment is low but the quality of work can be high.

3 Hair shirts are a recurring object in the imaginary of New Economics. Tim Jackson (2009) calls the latter a “Cinderella” economy: socially valuable sectors that go unnoticed and appear unproductive by standard GDP metrics. It includes activities of low productivity (e.g. caring) and ecological investments of low profitability, but high labour intensity and high levels of work satisfaction and social value added. Payment is low but the quality of work can be high.
link between human wellbeing and the consumption of goods and services. This begs the question: what makes people like the Tsimane different? Perhaps, it is that they have different values (less emphasis on material consumption or positional status). Perhaps they are less used to and draw less satisfaction from modern market goods. Or perhaps, it is other goods and relations that give them happiness, and these are accessible without money. An interesting hypothesis: the more (less) commodified a society is, the more (less) happiness varies with income.

2.4. Measuring Progress

If prosperous degrowth became a national objective how would we know whether we were doing well? We might want to ask also why some countries, such as Japan or Cuba, maintained wellbeing while not (or de) growing, while others, such as Greece, did not. A degrowth metric would be useful for such purposes. GDP is a bad indicator of social welfare (van den Bergh, 2009). Degrowth entails, but is not reducible to GDP decline (Kallis, 2011). Van den Bergh (2011) criticised the incoherent and inconsistent use of different variables that have to degrow according to degrowth advocates (e.g., GDP, material use, CO₂, hours worked). Kallis (2011) however responded, that like liberty, equality and other ‘un-attainable goals’ (Kerschner, 2010) degrowth expresses a general desire and direction. It is a matter of research to define degrowth metrics as fit for different purposes.

This is the task taken up by Dan O’Neill (this issue), who constructs a national-level indicator system to capture normative elements of the SSE and DG literatures. O’Neill proposes a system of “degrowth accounts” with separate biophysical and social indicators. The biophysical indicators are derived from the definition of a steady-state economy, whereas the social indicators are based on the stated goals of the degrowth movement and include variables on equity, fulfilment of basic needs, free time, sense of community, participatory democracy, unemployment, life expectancy and subjective well-being. The indicators can be used to classify nations as economies under desirable growth, undesirable growth, desirable degrowth, undesirable degrowth and in a steady economy. These could be used as the dependant variables in econometric analyses with national datasets probing the factors that cause an economy to be in a desirable degrowth path or a steady state.

3. Institutional and Policy Options

A degrowth society will need different institutions. The SSE, NE and DG literatures converge, with minor differences, to a similar set of policies and institutions: resource and CO₂ caps; extraction limits; new social security guarantees and work-sharing (reduced work hours); basic income and income caps; consumption and resource taxes with affordability safeguards; support of innovative models of “local living”- commercial and commerce free zones; new forms of money; high reserve requirements for banks; ethical banking; green investments; cooperative property and cooperative firms (Jackson, 2009; Korten, 2008; Latouche, 2009; Speth, this issue). Specifications of these policy options are investigated by contributors to this Special Issue.

3.1. ‘Cap and Share’

Given that the crisis is the result of the decoupling of the money supply from a peaked oil supply (and decreased EROIs), Douthwaite (this issue) proposes placing a declining annual global cap on the tonnage of CO₂ emitted by fossil fuels and allocating a large part of each year’s tonnage to everyone in the world on an equal per capita basis. Permits would have to be scarcer than the supply of fuel to capture the scarcity rent, which is the cause of destabilising capital flows. The permits would be sold by individuals (using the income as buffer against the increasing energy costs) to a central purchasing institution who would then sell the rights to fossil fuel producers that need them to cover their emissions output for the given year. This could take the form of a Global Climate Trust, instituted by the UN/G20, acting in essence as a cartel of oil consumers. The incentive for fuel producers to join such a scheme, Douthwaite argues, is that although their output would be reduced each year, the price paid would increase to maintain their income. Long-term stability would be gained, by easing the commodity price induced boom and bust cycles of the world economy, at the expense of short-term profits. One wonders though, if a ‘cap and share’ system is such a win–win solution why is it not adopted yet? The political economy of such a reform and the obstacles by the interests that stand to lose must be much more complex than Douthwaite allows in his analysis.

3.2. Non-debt Money and Regional Currencies

Douthwaite proposes also creating non-debt money. Various communities have had non-debt forms of money in the past. An independent currency authority should be responsible for the issuing of new money since governments can succumb to political pressures and issue more money. Even better, such systems should operate at the regional scale, under a reference currency (such as the Euro in Europe). This would allow regional devaluations, restrain spatially the circulation of wealth, maintain sufficient liquidity and reduce the vulnerability of regions to monetary problems elsewhere. Regional currencies should not be backed by promises, as this would imply a debt. Some issuers may promise to deliver real things, such as energy or electricity that people can buy through bonds with their regional currency. Such regional energy bonds could promise to pay the bearer the price of a specific number of kWh on the day they mature, money coming for the payments made by people to buy energy from the plant that the bond will finance. These bonds will not circulate as money. But once the energy plant starts supplying power its managing committee could as well turn it into a sort of bank, issuing energy “notes” that the locals could use for buying and selling goods, secured in the knowledge that the note has real value as it could always be used to pay energy bills.

Douthwaite discusses also complementary user-created currencies such as the existing Local Exchange and Trading Systems (LETS) or time-banks. Complementary currencies can keep a greater portion of the economic product circulating locally, and strengthen localised economies, a key aspect of degrowth. They can be put also in good effect in times of liquidity crises. There is a lot of ongoing empirical research on the advantages and disadvantages of complementary community currencies (Fantacci, 2005; North, 2007; Seyfang, 2001), and even a specialised journal on the topic.

3.3. Zero Interest Rates

Dirk Loehr (this issue) complements Douthwaite’s proposal for debt-free money, by re-discovering Silvio Gesell’s proposal for zero-interest “free money” (Gesell, 1958 [1916]). This calls for neutralising the liquidity premium by putting artificial costs on money. While in the short-term zero interest rates may push economic growth, in the long run they will go hand in hand with a low profit rate of real assets. The rising supply of capital will make not only the interest rate of money, but also the profit rate (of real capital) converge to zero. Marginal savings will be discouraged by negative interest rates, which will halt investment or even cause disinvestment e.g. by downsizing business operations. In such a zero-growth steady state, the whole economy will be consumed: there will be no net investment or saving, only replacement of the capital stock consumed. Some individuals will still save, but the aggregate savings rate will be zero. This would in effect bring what Keynes (1930) called “the euthanasia of the rentier” and the end of accumulation. The problem, that Keynes noted, is that
other capital assets (land, gold) could take the role of money and hamper the tendency for the own-rate of capital assets to be pushed down to zero. This is why Gesell saw the circulation of free-money as part of a comprehensive reform of the economic order, including the abolishment of private property on land, replaced with possession rights, and allowed for the control of natural monopolies by the State.

3.4. New Forms of Property

Property is a nodal point of the growth dynamic, argues Pascal van Griethuysen (this issue). An important distinction is between "property" and "possession". The guarantee of property rights by institutions, i.e. the use of property as collateral, is a key factor in the formation of a virtual economy of money creation decoupled from the real ecological economy. Van Griethuysen explains how through a process of cumulative feedbacks, the capitalisation of property generates the imperative of growth. To break this cycle, he proposes a range of institutional interventions, including legislation to delineate the scope and temporality of property and to restrain the potential for concrete use and capitalisation. Private property should be constrained within a set of collectively agreed social minima and environmental maxima (thresholds). Given however that property acts as a power amplifier and powerful proprietors will influence subsequent institutional evolution, there is scope for institutional modalities that depart more radically from the (private) property regime. Van Griethuysen considers state property and common possession regimes. The latter include informal customary institutions for communal management of resources, or newer forms of cooperative partnerships by state and non-state actors, such as those experimented with public utilities in Latin America. He argues that state or communal property can create higher security and make the achievement of eco-social goals more likely. Johanisova et al. (in press) look at the benefits of not-for-profit and cooperative firm structures from a degrowth perspective, whereas Boillat et al. (2012) evaluate positively the agro-ecological benefits of small-scale farmer cooperatives in Cuba. Alexander (2011) also evaluates the possible role of worker cooperatives in a degrowth perspective.

3.5. Worksharing

Reducing work hours and sharing available work make sense intuitively: other factors equal, less growth means fewer jobs (Jackson, 2009; NEF, 2009). Only if available jobs are shared, unemployment will not rise. Things are more complicated however. First, in a world of diminishing EROIs (or increasingly costlier energy supplies) or of diminishing output and investment (degrowth), productivity may no longer increase. Increases in labour productivity depend to a large extent on increases in available fossil fuel energy (and other non-renewable resources). Increasing labour productivity is a historic abnormality of the fossil fuel age and will change after peak oil, unless other equivalent sources become available in even larger quantities (which seems unlikely). In the medium to long run therefore, unemployment may be less of a problem for degrowth. In an energy-scarce future we may have to work more, not less (Sorman and Giampietro, in press).

Second, the fixed costs of new jobs mean that work-sharing increases the unit costs of labour. Other factors equal, this will reduce the total amount of work available (Hunt, 1999). Whereas in the short-term work-sharing can absorb the unemployment created by a crisis, over time benefits decline and are less than those a 'lump sum' view of employment predicts Taylor (2010).

Third, leisure is often resource and consumption-intensive. Historically, declining work hours in the West have come with more, not less, resource consumption and more, not less, economic growth. Having said that, it is uncertain whether in a post peak oil world of decreased energy affluence such a phenomenon will repeat itself.

Finally, meaningful employment may include also non-enumerated activities (subsistence production, caring, communal work and participation in common affairs). Reduced employment in the paid sector (e.g. see Victor, this issue) may not be as bad as it sounds, if alternative non-paid work forms emerge to give people meaningful lives (Kallis, in press). Nierling (this issue) argues that many people engage in 'mixed work', combining flexibly paid work with un commodified activities of their choice, such as do-it-yourself, voluntary and family work. To understand their motivations and perceptions, she studies participants at a Centre for Creativity in a large German town. The centre offers people an infrastructure and a setting to create (without payment) products for their own use, handicrafts and other do-it-yourself items. Her empirical findings show that unpaid work can play a significant role in one's personal well-being. Recognition—legal, performance-related, and personal—is central for the perception of unpaid work by those practicing it.

Beyond this optimistic view of unpaid work, Nierling warns that not all members of society have an equal opportunity to pursue this alternative or to enjoy personal recognition. Related is the interest in the DG literature to a guaranteed Basic Citizens' Income (Alexander, 2011; Schneider et al., 2010), a proposal largely absent from NE. This is a monthly stipend granted upon birth to all citizens of a nation, and financed through taxation (Raventós, 2007). A basic income provides a minimum safety net to all citizens, reduces the compulsion for—and the importance of—paid employment (and hence the social distress from unemployment) and provides opportunities for low-intensity, non-enumerated (un commodified) activities, including political participation. Unlike a minimum wage, the Basic Income is a fundamental new way of distributing national product and surplus. Total production may fall as the cost of labour increases, but this is not bad from a degrowth perspective if leisure increases wellbeing and offsets losses from less paid work and consumption (remember Bilancini and D'Alessandro, this issue). Declining national product however may threaten the financing of the Basic Income.

3.6. Innovative Models of Local Living

The economic culture promoted in DG writings is close to what Carlsson and Manning (2010) call “notoypias”. These are communities of conscious withdrawal from capitalist culture with a concerted rejection of its value form. Such ‘post-capitalist’ spaces of interest include food consumer-producer cooperatives, urban (food) gardens, pirate programmers, non-money markets of exchange or time-banks, and various forms of sharing (co-housing, squats, couch-surfing, shared cars, shared community spaces, tool-sharing). Such practices are often characterised by a conscious defiance of the capitalist institutions of private property and wage labour and the logic of exchange-for-profit. But some of them have also been practised by needy people for a long time (food gardens, barter, taking your own bedding and sleeping on the floor while travelling for work). In fact, capitalism has relied on the unpaid domestic sector for the reproduction of the labour force. However, from a degrowth perspective these practices are interesting because they invert the logic of commodification, they might build on conviviality and they tend to be less resource-intensive than their market equivalents. Are these alternative modes of production the seeds of a future degrowth economy? And how important are they already? Conill et al. (2012) provide one of the most comprehensive sociological studies of non-capitalist practices to date. A commissioned telephone survey in the city of Barcelona shows that more than 20% of the population have engaged recently with 10 or more, out of a list of 26, non-capitalist practices. 18.8% of people have grown some food for themselves, 16.9% have exchanged services without money (21.3% helped others fix their house) and 34% have shared digital or electro-domestic equipment with non-family members (17.6% have shared their cars). Beyond such ‘traditional’ non-capitalist practices, there is evidence of a core degrowth economic culture in formation: 9% of respondents are members of a consumer cooperative, 7% have participated in community gardening, 2.3% have used community currencies and 2% participate in an ethical or cooperative bank.
4. The Politics of Degrowth

4.1. Capitalism and Degrowth

Policies such as zero interest rates, global climate trusts, a shorter work-week, a basic income, or a maximum wage look extremely hard to implement. Often the reason is that they clash with the profits and interests of those who hold more political and economic power. Is a voluntary path to degrowth possible within capitalist economies? Is there something fundamental that makes capitalist economies either grow or collapse? Jackson (2009) responds that whether a society without growth will be called capitalism or something else is unimportant. Maybe so, but he fails to explain how a capitalist economy would work without a positive profit rate, a positive interest rate or discounting.

Economists, including ecological economists, define capitalism as the social system where private property and market transactions dominate (Lawn, 2011). Capitalism is a thing that can produce: a factory or a river (natural capital). For Marxian political economists instead, capital is a process: money in search of more money through the production of commodities (Blauwhof, this issue). Capitalism then is the system dominated by capital, i.e. a system structured around continuous accumulation. Apart from its theoretical complications, the Marxian view is closer to an everyday understanding of capitalism as the continuous search for profit. Accumulation predates continuous growth, or if not, collapse and devaluation to restart a new phase of accumulation (Harvey, 2010). Capitalist economies can therefore either grow or collapse: they cannot degrow voluntarily (Blauwhof, this issue; Foster et al., 2010; Klitgaard and Kral, this issue; Smith, 2010).

Lawn (2011), a steady-state economist, disagrees: have the government set social and environmental limits first, he argues, and then let capitalism do what it does best, i.e. allocate resources to competing needs through the price mechanism. Limits include a throughput cap and a Job Guarantee (see also Alcott, in press). Lawn (2011) argues that individual firms do face a strict condition of “profit or die,” but not the economy in aggregate. Yet individual firms can continue to profit and grow, even if the overall economy shrinks. Even in normal times there are more firms failing than growing; degrowth will not make a difference for capitalism. Also profit does not require expansion; firms can make profits in multiple ways other than by increasing production. In economies with capped resources the most innovative firms will adapt, maintaining profits through qualitative changes, shifting to less resource-intensive production. Caps will reduce resource use to a steady-state, “greener” sectors and firms will grow and accumulate, and “blacker” or “browner” sectors will disappear. A green, dematerialising capitalism is possible, Lawn contends.4

There are three issues with this view. First, there is a question of semantics. Will this be “steady-state capitalism” (Lawn, 2011) or as Czech and Daly (2004) describe it, a European-style social democracy with extended government control of public goods? In the current U.S. political parlance, a political system where international bodies and States enforce resource caps, set minimum wages, guarantee full employment, and control most public goods, would be called “socialism”. It entails a very strong State.

Second, there is the issue of experienced history as opposed to theoretical possibility. There is little evidence of absolute dematerialisation (Jackson, 2009; Kallis, 2011; Wallerstein, 2010), though one could argue that we won’t know if it’s possible to dematerialise until serious caps and taxes are implemented (van den Bergh, 2011). More importantly, however, the history of capitalism is one of dramatic ups and downs. Periods of unprecedented growth are followed by catastrophic crises of value destruction (including by war) clearing the ground for fresh accumulation (Harvey, 2010). Prices are not adjusted so much by the market, as they are by crises and devaluations, at the peril of the most vulnerable segments of the population (Klitgaard and Kral, this issue). Creative destruction is the distinctive feature of capitalism (Schumpeter, 2009 [1942]). Capitalism does degrow, but not by choice and not stably. A smooth price adjustment to an externally imposed limitation, such as a cap, is therefore unlikely (Klitgaard and Kral, this issue).

Third, State bureaucracies and policies are not exogenous, but endogenous to the dynamics of capitalist systems. Following the French ‘regulation’ school of thought, Klitgaard and Kral (this issue) talks of periodic, stable “social structures of accumulation”, i.e. institutional State-market assemblages that work to maintain the conditions for accumulation. This included labour unions in the “Fordist” model of accumulation. Technological and economic changes and the crisis of the 1970s rendered obsolete this Statist mode of regulation that some called a “corporatist” model. It survived to some extent in Central Europe but a new variety of capitalism, the “neo-liberal” era that ensued brought deregulation, privatisation and an expansion of private property and market institutions (Harvey, 2010; Klitgaard and Kral, this issue). Such historical political-economic dynamics pose obstacles to the return to the interventionist State called upon by SSE, NE or DC advocates. How States conform to the requirements for accumulation is a complicated issue. One can note though the dependence of political parties on private funding, or the centrality of economic growth in making inequality tolerable and maintaining the legitimacy of the State (Hirsch, 1976). Powerful private interests do coalesce and organise politically to make sure that no limitations, such as caps or basic incomes, stand in the way of their profits.

What about labour and women rights, the 40 hours’ workweek, social security or free healthcare? Weren’t these unthinkable reforms at the time that compromised the profits of powerful vested interests? Blauwhof (this issue) argues that reforms are possible, but speculates that nothing sort of a ‘revolution’ (which he doesn’t specify) will bring them about. There is historical evidence supporting the claim that it takes radical agendas to take power in order to bring about reformist policies (e.g. Gorostiza et al., 2012). In many cases such radical agendas have come through electoral and social pressure. But who, why and how would organise collectively to demand changes in the direction of prosperous degrowth?

4.2. Social Movements

This question is largely ignored by the SSE or NE literatures, which implicitly deposit proposals to ‘enlightened policymakers’. They lack a theory of how their proposed reforms could become socio-politically hegemonic. Jackson (2009) for example, analyses excellently the socio-institutional path-dependencies that perpetuate unsustainable growth policies. Yet he is silent on the social and political actors or the processes that will bring a society without growth. Similarly, Lawn (2011) or Douthwaite (this issue) do not explain who, how and why would demand and set global or national carbon caps. It is not clear who is the ‘political subject’ that will be mobilised and struggle socially and politically for the advocated reforms.

Speth (this issue) does better and emphasises the centrality of political, rather than policy, change. He is also aware of its difficulty given the weakening of the State under neo-liberal globalisation and its capturing
by strong corporate interests. Speth claims that working within the system cannot bring change, given the current sad state of American politics; what is needed is transformative change of the system itself. Speth laments an environmental movement which has become too “wonkish” and out of touch with real people. He calls for a new social movement, a movement of movements allying all progressives under a narrative of social justice beyond growth. Such a movement could create new forms of political representation to reinvent American politics and lead to radical reforms.

In Speth (this issue), the political subject of degrowth is not traceable along conventional lines of class. It consists of an alliance among those disenfranchised by growth, such as the unemployed and the underemployed ‘precariat’, the ecologists and the landless peasants (Harvey, 2010), including those struggling for environmental justice in the Global South (Martinez-Alier, 2012). Could the indignados/Occupy movements be such a cross-alliance movement in the North (Taibo-Arias, 2011)? Some of the concerns of the DG/NE literatures 

5. Future Research and Conclusion

This literature review touched on different issues and opened many research fronts. Let us provide here a selection of a few.

1. An ecological theory of the crisis. Why and how did ecological factors cause or precipitate in the 2008 meltdown? What were the causal channels of their influence? What data is there to support such claims? Soddy’s theory of debt, or the oil-debt theory sketched by Douthwaite, are good starting points. They have to be further specified though into a set of more concrete hypotheses (formal or verbal) that can be tested with data and compared to competing explanations of the crisis.

2. Commodity frontiers. Who, where and how suffers the impacts from the extraction and disposal of the materials that fuel growth? How do unmonetised values and practices get commodified and who loses as a result? Who resists such commodity and commodification frontiers, when is such resistance successful and how does it shape the patterns of growth elsewhere?

3. The growth fetish. If economic growth does not increase wellbeing, and is uneconomical and anti-ecological, what is it that sustains it as a primary national objective? While seemingly naive, this question welcomes interrogation of the structural forces—-institutions and ideologies—-that make growth an imperative of capitalist economies. In addition to property (van Griethuysen, this issue), one may want to look at the role of interest rates, debt and other economic institutions, linking them together under theories of capitalism. Also at the level of ideas: how did the idea/discourse of growth become socially dominant and how does it reproduce its hegemony? Why and how do economists and economics perpetuate the “growth fetish” (Hamilton, 2003)?

4. Policy assessments. Worksharing, basic income, alternative currencies, etc. Which are the advantages and disadvantages of these policies and how do their outcomes depend on contextual conditions? Under which specifications and contexts will they facilitate prosperous degrowth, and under which may they promote more accumulation and growth? What do we learn from disciplines that have already modelled or studied empirically the implementation of such policies?

5. Economic and metabolic scenarios. What would plausible degrowth futures at the national, regional or local level look like? How much would people work, paid and unpaid, how much materials, food calories or energy would they consume, how efficient would they be in their production, how many will they be? This is an exercise of putting numbers to degrowth proposals (e.g. Sorman and Giampietro, in press; Victor, this issue).

6. Country comparisons and econometrics. Whereas several nations have experienced recession or prolonged lack of growth, some have fared socially and environmentally better than others. Why do some countries collapse while others remain stable, or even prosper without growth? This research question begs the use of suitable metrics of prosperous degrowth, along the lines initiated by O’Neill (this issue).

7. History and anthropology. Which past societies organised to avoid accumulation and growth, or to downscale? Why, when and how? What can we learn from “original affluent societies” (as Marshall Sahlins, 1972 called them), working a few hours of work? What are the institutional, cultural and environmental characteristics of such non-capitalist societies?

8. Crisis, degrowth and happiness. Different people experience the loss of income incurred by the crisis in different ways. Who and how adapts to a loss of income, and under what contextual conditions? Why do some people fare better psychologically than others under the same stresses? How do aspirations or unattainable goals (Kerschner, 2010; Wrosch, 2003), ideologies, life-styles or other socio-economic characteristics affect adaptability to consumption losses? Do equality, degree of justice or social capital facilitate adaptability to deteriorating economic conditions?

9. Nowtopias. Why do some people—voluntarily or involuntarily—downshift and experiment with non-capitalist practices? What are their characteristics? How do they organise in collectives or networks? When do these initiatives succeed and propagate and when do they fail? Can such localised experiences be scaled up? Do participants politicise through engagement and form a shared experience of class? How do they interact with government and authorities? How do they interact with non-participants that do not necessarily share the same values? How do they handle their potential re- assimilation by the system and the commodification of the new values they create?

10. Population. The present issue contains no article on population growth or degrowth. We know however that it is likely that world population might peak by 2045 or 2050, at less than 9 billion. Fertility is falling quickly where it is still above 2, and remains below 2 in many countries. On the other hand, humans live longer lives. One may be alarmed by the population growth still ahead of us, or rather we should start thinking on new questions. What are the advantages of regional depopulation for the environment and wellbeing? How do regions adapt to depopulation and ageing populations? How may economic degrowth affect fertility, live expectancy, immigration and population in general? How do the population policies of developed and developing nations change, and why? (Alcott, 2012)
11. **Ecofeminism.** There is a clear synergy that remains to be explored between ecofeminist economics (with its emphasis on the value of non-market work, and on real human needs) and the economics of degrowth (for some efforts see D’Alisa and Cattaneo, in press).

12. **Other social movements.** Who and how struggles for reforms that would bring prosperous degrowth? How do existing social movements articulate the growth/degrowth problematic, and how influential is it in their deliberations? How do degrowth ideas get institutionalised in government plans and policies, thanks to whom, and through what socio-political dynamics? How effective are such incipient politiscialisations and what dangers do they hold? Is there a confluence between the small degrowth (or NE) movements in some rich societies and the large environmental justice movements in the global South? (Martinez-Alier, 2012).

Answering these questions will help us better understand why the growth economy is failing, what is it that sustains it despite its failure, how this deadlock can be changed, by whom, under what conditions and to what direction. Ecological economists have much to offer in this exciting incipient research agenda and to the search for prosperous degrowth.

**Acknowledgement**

We wish to remember here Richard Douthwaite (1942–2011), an economist, ecologist and campaigner. Richard studied engineering and economics at Leeds University and Essex University. He was co-founder of FEASTA (a Foundation for the Economics of Sustainability). He was a visiting lecturer at many Irish and British universities, and at Schumacher College. In 1992 he published the magnificent *The Growth Illusion: How Economic Growth Enriched the Few, Impoverished the Many and Endangered the Planet*. Another major book, *Short Circuit* (1996) gave many examples of currency, banking, energy and food production systems which communities can use. In the Degrowth Conference in Barcelona in 2010, he gave an impressive talk, part of which is included in his commentary presented in this issue.

**References**


Blaubohf, F.B., this issue. Overcoming accumulation: is a capitalist steady-state economy possible? Ecological Economics.


Daly, H., 2010. From a failed-growth economy to a steady-state economy. Solutions 1, 37–43.


Loehr, D., this issue. The euthanasia of the rentier—a way toward a steady-state economy? Ecological Economics.


Martín-Donas, E., Roco-García, L., et al. (this issue), Consumption of market goods and wellbeing in small-scale societies: an empirical test among the Tsimane’ in the Bolivian Amazon. Ecological Economics.


Nierling, L., this issue. This is a bit of the good life": recognition of unpaid work from the perspective of degrowth. Ecological Economics.
Taylor, J.E., 2010. Work-sharing during the great depression: did the ’president’s reemployment agreement’ promote reemployment? Economica 78, 133–158.

Please cite this article as: Kallis, G., et al., The economics of degrowth, Ecological Economics (2012), http://dx.doi.org/10.1016/j.ecolecon.2012.08.017